

CERTIFICATE OF PARTICIPATION

This is to certify that

Coिता Bardenhost

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:21:12

PACE 16:13/km

OVERALL 34 of 41

GENDER 27 of 32

40 - 49 5 of 5

21 July 2019, Sun

Date



BoutTime

Signature

